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FOR HEALTHY LIVING
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Fitness Center Instructor Job Description Cane Bay Family Y

Under the direction of the Senior Director of Fitness and Wellness, the Fitness Center Instructor creates a positive and welcoming environment for members of all backgrounds and abilities. Understands how to build relationships while maintaining authority and strengthen member engagement by ensuring a culture of safety. The “Y” values of caring, honesty, respect, and responsibility will be exemplified in all aspects.

Required Education and Certifications:

- High School education or equivalent.
- Current fitness certification helpful.
- Current C.P.R., A.E.D. and First Aid certification*
- Complete YMCA New Employee Orientation.*
*Within 30 days of employment.

Qualifications:

- Dependable, punctual and organized.
- Experience working in a fitness related environment.
- Instructs clients in a non-competitive, non-intimidating manner.
- Energetic, enthusiastic and motivational.
- Shows genuine concern for members.
- A good physical example and role model for a fit and healthily lifestyle.
- Professional manner and appearance.
- Demonstrates through words and actions, the skill set to be a team player, strong interpersonal skills with the ability to provide a superior member experience always.

Essential Functions:

- Participates in the upkeep of a clean, safe and friendly environment.
- Instructs members on the correct use of machines, equipment, etc.
- Conducts initial orientation of new members providing instruction on equipment, Wellness Center Policies & Procedures, gym etiquette, etc.
- Executes strategies to ensure that members connect with one another and connect with the YMCA.
- Ensures that Association standards are met and safety procedures are followed.
- Ensures minimal disruption to member services through strict adherence to staff substitution system.
- Attends staff meetings and trainings as scheduled.
- Other duties as assigned by supervisor.

How to Apply:

Send resumes to: gzatcoff@ymcagc.org