

AQUATICS JOB DESCRIPTIONS

LIFEGUARD

POSITION SUMMARY:

Maintains safe swimming conditions in the pool, on deck, and surrounding areas. Creates a safe and positive atmosphere that promotes member safety and engagement in accordance with YMCA policies and procedures.

ESSENTIAL FUNCTIONS:

1. Maintains active surveillance of the pool area.
2. Knows/reviews all emergency procedures and responds to emergency situations immediately in accordance with YMCA policies and procedures. Completes related reports as required.
3. Maintains effective, positive relationships with members, participants and other staff
4. Knows, understands and consistently applies safety rules, policies and guidelines for the pool and aquatic area. Maintains accurate records as required by the YMCA and/or the state Health Department codes.
5. Performs chemical testing when not guarding, as required, and takes appropriate action.

QUALIFICATIONS:

1. Minimum age of 15
2. Certifications: Lifeguarding, CPR for the Professional Rescuer, AED, Basic First Aid
3. Ability to maintain certification-level of physical and mental readiness

WE HAVE CLASSES AVAILABLE TO CERTIFY CANDIDATES IN LIFEGUARDING, CPR FOR THE PROFESSIONAL RESCUER, AED AND BASIC FIRST AID

SWIM INSTRUCTOR

POSITION SUMMARY:

Swim Instructors provide direct leadership, instruction and motivation for students in swimming classes.

ESSENTIAL FUNCTIONS:

1. Instructs swimming lessons in accordance with YMCA guidelines.
2. Builds effective, authentic relationships with students
3. Follows all YMCA policies, rules, regulations, and procedures, including emergency and safety
4. Organizes and puts away needed class equipment. Reports damaged equipment.

QUALIFICATIONS:

1. Must be able to work with children in a positive and nurturing manner
2. Must be a strong competent swimmer, and be able to demonstrate freestyle and back stroke.
3. Must be able to maintain positive demeanor and attitude towards students and staff

SWIM TEAM ASSISTANT COACH

POSITION SUMMARY:

The coach would be available to coach on weekday evening practices building strong confident swimmers, and monitoring swimmer safety and behavior, and coaching meets as directed by the Head Coach,

ESSENTIAL FUNCTIONS:

1. Under the direction of the Head Swim Coach and in accordance with the goals and objectives of YMCA, the Assistant Swim Coach is responsible for assisting the Head Swim Coach with managing the swim team.
2. Must have an understanding of how children learn, while having the ability to communicate clearly and directly with them.

3. Must have communication skills to communicate effectively and efficiently with the Head Coach, other YMCA staff, and the swim team parents.
4. Lead practices of the group(s) given by the Head Coach with care and excitement.
5. Ensure the safety of swimmers at the practice by following proper precautions and regulations.
6. Give swimmers knowledge to understand and master strokes allowing for movement up through the swim team groups.
7. Help set up and run swim meets as deemed necessary by the Head Coach.

QUALIFICATIONS:

4. Must maintain certifications in Lifeguarding, CPR with AED and First Aid, or become certified within a reasonable amount of time of starting the job
5. Must be a strong competent swimmer, and be able to demonstrate freestyle and back stroke.
6. Must maintain certifications in Safety Training for Swim Coaches, and Principles of Competitive Swimming and Diving, or become certified within a reasonable amount of time.

WATER AEROBICS INSTRUCTOR

POSITION SUMMARY:

Group Fitness Instructors provide direct leadership, instruction and motivation for members and guests in various fitness classes.

ESSENTIAL FUNCTIONS:

1. Instructs group classes in a safe, enjoyable, and positive environment that welcomes people of all skill and fitness levels.
2. Effectively builds community within the class.
3. Modifies class as needed to meet varied health, ability and cultural needs

4. Monitors participants for proper positioning and intensity levels and is able to explain or demonstrate the correct and safe way to perform all exercises by applying appropriate policies and procedures.
5. Knows and adheres to general fitness principles and avoids contraindicated exercises.

QUALIFICATIONS:

1. Water Fitness Certifications: United States Water Fitness Association (USWFA) Aquatic Exercise Association (AEA) American Sport and Fitness Association (ASFA) (NWFA) (AFPA)
2. CPR Certified

PARENT AND ME SWIM INSTRUCTOR

In our Parent and Me swim class, also known as Mommy and Me or Daddy and Me, the instructor will facilitate the learning process between you and your child. In a fun, relaxed environment, skills are taught through repetition of songs and activities. The swim class emphasizes positive reinforcement and progress at a comfortable pace for you and your child.

Saturday morning availability needed.