



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# YMCA OF GREATER CHARLESTON PHASED REOPENING PLAN

BERKELEY COUNTY FAMILY YMCA  
CANE BAY FAMILY YMCA

## PHASE 1

Phase 1 reintroduces our community to utilizing the YMCA under new COVID-19 restrictions. Phase One limits all activities to individual level activities. The YMCA will implement social or physical distancing practices in all operations during this phase by controlling the number of members allowed in the facility, facility/indoor traffic patterns, re-arranging physical areas and fitness equipment, and placing trained staff in each location where there is more than one member to monitor and enforce all social distancing protocol and policies. **More detailed information may be found on Phase One in the table below.**

## PHASE 2

Phase Two maintains the social and physical distance practices of phase one while opening more areas of the facility to meet community wellness needs. As the Y's confidence level increases in all social and physical distancing practices, more areas of the YMCA will open for use and group activities will slowly be reintroduced within social and physical distance guidelines. If any areas pose challenges for social or physical distancing or for sanitation, then the area will be closed until new procedures can be implemented. **More detailed information may be found on Phase Two in the table below.**

## PHASE 3

Phase Three represents a return to operations pre-COVID crisis. All facilities and programs will be opened to full capacity. Some social and physical distancing practices along with stringent cleaning practices may be required to reduce the possibility of COVID transmission. **More detailed information may be found on Phase Three in the table below.**

**The YMCA will maintain our close relationship with applicable government departments and task forces to ensure all practices prioritize the health and safety of our staff, members, and community.**

This plan represents the Cane Bay Family YMCA phased approach to reopening, which takes into account state and local requirements, Centers for Disease Control and Prevention (CDC) guidelines, and operational considerations and, above all else, prioritizes the safety of our community.

**PHASE**  
**1**

**RESTRICTED**  
*(rigid social/physical distancing, individual activities only)*

**Facility Hours:**

Mon-Fri  
7am-7pm  
Sat  
8am-1pm  
Sun  
Closed

**Estimated time frame:**  
June 1-July 1

PEOPLE	FACILITY	ACTIVITIES AND PROGRAMS	COVID TRANSMISSION PREVENTION MEASURES SUMMARY
<p>All staff are thoroughly trained on COVID transmission prevention and new cleaning protocols prior to working in facility.</p> <p>Only members may enter the facility</p> <ul style="list-style-type: none"> <li>Self-scan upon entry (staff will not handle cards, phones, or any other person's belongings)</li> </ul> <p>All staff, members and vendors will be asked to wash and/or sanitize hands upon entry and exit</p> <p>All Staff, members, and vendors will have temperatures taken upon entry</p> <p>All staff, members and vendors will be questioned re: COVID symptoms upon entry</p> <p>Numbers throughout the facility will be controlled</p> <p>Staff required to wear PPE</p> <p>Children in summer camp are completely segregated from members</p> <p>All staff, members and vendors who are unwilling to comply with the Y's covid transmission prevention measure will be asked to leave the facility immediately</p>	<p>Entire facility will be cleaned and disinfected prior to opening and after closing each day</p> <p>All equipment will be cleaned throughout the day (min of every 2 hours) and before opening and after closing</p> <ul style="list-style-type: none"> <li>Members are asked to use the provided cleaning supplies to clean equipment before and after each use</li> </ul> <p>Public entry doors and public counters cleaned a minimum of every two hours</p> <p>Stair handrails cleaned a minimum of every two hours</p> <p>Copy-room, breakroom, vending machines cleaned a minimum of every two hours</p> <p>Employee workspaces cleaned a minimum of every two hours</p> <p>Areas, open with restrictions:</p> <ul style="list-style-type: none"> <li>Wellness Center open with significant restrictions on capacity and activities</li> <li>Gym open for group exercise classes only</li> <li>Only designated restrooms open</li> <li>Only no touch bottle filling available</li> <li>Tennis/pickleball – restricted to members, singles and doubles play</li> </ul>	<p>The following group activities in the facilities are closed including all swim lessons, water aerobics, swim team, lap swim, boot camp, basketball</p> <p>Traditional circuit training prohibited (individuals may only use one piece of equipment at a time)</p> <p>Tennis Courts/Pickleball are open to members only</p> <p>All programs are closed including youth sports and all outreach/community programs</p>	<ul style="list-style-type: none"> <li>Rigid social/physical distancing practices and policies</li> <li>Acrylic barriers installed at Front Desk</li> <li>Individual level activities only</li> <li>Hand Sanitizers placed throughout the building</li> <li>Facility and equipment thoroughly cleaned and disinfected daily (before opening and after closing each day)</li> <li>One Way indoor traffic patterns implemented where feasible</li> <li>Members will be asked to clean any equipment they use before and after each use</li> <li>Spacing markers on floors to keep everyone at least 6ft apart</li> <li>Signage installed and staff monitoring all areas with more than one member to enforce social distancing practices</li> <li>Equipment spaced to maintain appropriate social distancing practices</li> <li>Limit facility/areas to 50% of capacity</li> <li>Members, vendors and staff will wash/sanitize hands upon entry and exit</li> <li>Staff will wash hands frequently</li> <li>All staff required to wear PPE, members strongly encouraged to wear PPE</li> <li>No personal belongings left out in the open</li> <li>Fever checks of all staff, members and vendors upon entry</li> <li>Any individual who displays any symptoms of an illness may not enter the building</li> </ul>

**PHASE**  
**2**

**LIMITED**  
*(rigid social/physical distancing, individual activities only)*

**FACILITY HOURS:**  
Regular operating hours

**Estimated time frame:**  
July 1-Aug 1

PEOPLE	FACILITY	ACTIVITIES AND PROGRAMS	COVID TRANSMISSION PREVENTION MEASURES SUMMARY
<p>Staffing increased to accommodate higher capacity</p> <p>All staff are thoroughly trained on COVID transmission prevention and new cleaning protocols prior to working in facility</p> <p>Only members may enter the facility</p> <ul style="list-style-type: none"> <li>•Self-scan upon entry (staff will not handle cards, phones, or any other person's belongings)</li> </ul> <p>All staff, members and vendors will be asked to wash and/or sanitize hands upon entry and exit</p> <p>All Staff, members, and vendors will have temperatures taken upon entry</p> <p>All staff, members and vendors will be questioned re: COVID symptoms upon entry</p> <p>Numbers throughout the facility will be controlled</p> <p>Staff required to wear PPE</p> <p>Children in summer camp are completely segregated from members</p> <p>All staff, members and vendors who are unwilling to comply with the Y's covid transmission prevention measure will be asked to leave the facility immediately</p>	<p>Entire facility will be cleaned and disinfected prior to opening and after closing each day</p> <p>All equipment will be cleaned throughout the day (min of every 2 hours) and before opening and after closing</p> <ul style="list-style-type: none"> <li>•Members are asked to use the provided cleaning supplies to clean equipment before and after each use</li> </ul> <p>Public entry doors and public counters cleaned a minimum of every two hours</p> <p>Stair handrails cleaned a minimum of every two hours</p> <p>Copy-room, breakroom, vending machines cleaned a minimum of every two hours</p> <p>Employee workspaces cleaned a minimum of every two hours</p> <p>Areas, open with restrictions:</p> <ul style="list-style-type: none"> <li>• Wellness Center open with restrictions on capacity and activities</li> <li>• Gym open for group exercise classes and individual workouts</li> <li>• Group exercise rooms cleaned after every class/Limited class schedule</li> <li>• Only no touch bottle filling available</li> <li>• Indoor pool phased opening based on CDC guidelines – lap swim first, water aerobis class size will be limited</li> <li>• Tennis/pickleball – restricted to members, singles and doubles play</li> <li>• Child-watch limited hours &amp; space               <ul style="list-style-type: none"> <li>○ Registration required</li> <li>○ No parents allowed in childcare area</li> </ul> </li> </ul> <p><b>Closed areas:</b></p> <ul style="list-style-type: none"> <li>• Locker rooms</li> <li>• Steam and saunas</li> <li>• Coffee station</li> </ul>	<p>Some group activities will resume</p> <p>Traditional circuit training prohibited (individuals may only use one piece of equipment at a time)</p> <p>Tennis Courts/Pickleball are open to members only</p> <p>The following group activities in the facilities will resume with restrictions including all swim lessons, water aerobics, swim team, lap swim, boot camp, basketball, youth and adult sports</p>	<ul style="list-style-type: none"> <li>• Rigid social/physical distancing practices and policies</li> <li>• Acrylic barriers installed at Front Desk</li> <li>• Hand Sanitizers placed throughout the building</li> <li>• Facility and equipment thoroughly cleaned and disinfected daily (before opening and after closing each day)</li> <li>• One Way indoor traffic patterns implemented where feasible</li> <li>• Members will be asked to clean any equipment they use before and after each use</li> <li>• Spacing markers on floors to keep everyone at least 6ft apart</li> <li>• Signage installed and staff monitoring all areas with more than one member to enforce social distancing practices</li> <li>• Equipment spaced to maintain appropriate social distancing practices</li> <li>• Limit facility/areas to 50% of capacity</li> <li>• Members, vendors and staff will wash/sanitize hands upon entry and exit</li> <li>• Seating throughout the facility is repositioned to 6ft. apart</li> <li>• Staff will wash hands frequently</li> <li>• All staff required to wear PPE, members strongly encouraged to wear PPE</li> <li>• No personal belongings left out in the open</li> <li>• Fever checks of all staff, members and vendors upon entry</li> <li>• Any individual who displays any symptoms of an illness may not enter the building</li> </ul>

**PHASE**  
**3**

**OPEN**  
(some social/physical distancing, individual activities only)

**FACILITY HOURS:**  
Regular operating hours

**Estimated time frame:**  
August 1

PEOPLE	FACILITY	ACTIVITIES AND PROGRAMS	COVID TRANSMISSION PREVENTION MEASURES SUMMARY
<p>Full Staffing model operating</p> <p>All staff are thoroughly trained on COVID transmission prevention and new cleaning protocols prior to working in facility</p> <p>Guests are allowed to use the facilities</p> <p>All self-scan upon entry (staff will not handle cards, phones, or any other person's belongings)</p> <p>All staff, members and vendors will be asked to wash and/or sanitize hands upon entry and exit</p> <p>Staff required to wear PPE</p> <p>All staff, members and vendors who are unwilling to comply with the Y's covid transmission prevention measure will be asked to leave the facility immediately</p>	<p>Entire facility will be cleaned and disinfected prior to opening and after closing each day</p> <p>All equipment will be cleaned throughout the day (min of every 2 hours) and before opening and after closing</p> <ul style="list-style-type: none"> <li>Members are asked to use the provided cleaning supplies to clean equipment before and after each use</li> </ul> <p>All hard surfaces including door handles, countertops, lockers, etc will be cleaned frequently throughout the day</p> <p>All areas will be open</p> <ul style="list-style-type: none"> <li>Members and staff will be asked to maintain healthy cleaning practices</li> </ul> <p>Child-watch available</p> <ul style="list-style-type: none"> <li>No parents allowed in childcare area</li> </ul>	<p>All group exercise activities resume</p> <p>All Active older adults programming will resume</p> <p>Gym open for all group activities</p> <p>All programs including youth sports and all outreach/community programs resume</p>	<ul style="list-style-type: none"> <li>Some social/physical distancing practices and policies will remain</li> <li>Acrylic barriers installed at Front Desk</li> <li>Hand Sanitizers placed throughout the building</li> <li>Facility and equipment thoroughly cleaned and disinfected daily (before opening and after closing each day)</li> <li>Members will be asked to clean any equipment they use before and after each use</li> <li>Spacing markers on floors to keep everyone at least 6ft apart</li> <li>Signage installed to remind members of healthy cleaning practices</li> <li>No personal belongings left out in the open</li> <li>Any individual who displays any symptoms of an illness may not enter the building</li> </ul>