

The YMCA of Greater Charleston is committed to delaying the progression of Parkinson's disease for our community members who are living with this chronic disease.

Parkinson's is a progressive, neurodegenerative disorder that affects about one million people in the United States and 10 million people worldwide. It is called a movement disorder because of the "motor features" it can cause - tremors, slow movements, stiffness and muscle cramping. Symptoms are diverse and usually develop slowly over time. Parkinson's not only disrupts brain networks that control movement, but also those linked to mood, behavior and thinking (cognition).

Cane Bay YMCA is searching for an exercise professional to provide leadership, expertise and instruct a personalized fitness class for our current program for the Parkinson's community. A background in exercise management for persons with chronic disease is strongly desired. On the job training and support will be supplied.

Please send resume to wellness@ymcagc.org